



2026 Body Confident Sport – USA Volleyball Program (the “Program”) Rules of Entry, Guidelines, Terms and Conditions

Club Consideration Requirements (“Requirements”) for the Program. In addition to agreeing to be bound by the terms and conditions of the Program (“**Terms and Conditions**”), any coach who is coaching a club, desiring to be award-eligible during the Program hosted by USA Volleyball (“USAV”) in coordination with Body Confident Sport (“BCS”) must:

1. Complete the BCS coach facilitator training (located on the BCS website) and submit proof of completion (screenshot of the final page is appropriate) with registration;
2. Be confirmed coach members for the 2025-2026 competitive season and must have athletes who are confirmed members for the 2025-2026 competitive season. The team must belong to a USAV-affiliated club, in good standing with the organization. Official USAV employees who coach a club may participate in the Program, but shall be ineligible to receive any award and/or bundle in connection with the Program;
3. Conduct three (3) BCS sessions with their respective team at any period between November 10, 2025 and January 7, 2026. Upon completion of the final session, coaches shall build in time and provide instructions to athletes to complete the athlete participant survey. Coach facilitators will also need to fill out a survey with their own feedback on the program (coach participant survey). To remain award-eligible, coaches must complete the athlete and coach surveys by January 7, 2026. Both surveys can be found on Sogolytics; the link will be provided upon registration with the welcome email;
4. Create and document “fun, creative, and impactful” ways to implement concepts and ideas of the Program and BCS’ core objectives into team culture during the competitive season; and
5. Submit “proof” of creative implementation (e.g. video, photos, impact statements) to the submission website by February 14, 2026.

Award Details. USAV will be offering the following awards in connection with the Program:

1. A “thank you” bundle for the first eighty (80) clubs that complete the Requirements, which bundle shall include six (6) new volleyballs, one (1) travel bag, and one (1) handpump (approximate value of two hundred and thirty dollars (\$230.00), including tax); and
2. A “best practice” bundles will be given to the five (5) teams that best exhibit a fun, creative, and impactful implementation of the objectives of the BCS program with their team, as decided upon by an independent panel. This bundle shall include twelve (12) new volleyballs, two (2) travel bags, two (2) ball carts, one (1) handpump, and one (1) net (approximate value of eight hundred dollars (\$800.00), including tax). For clarity, club recipients of a “best practice” bundle shall be ineligible to also receive a “thank you” bundle.

Award Criteria. Each club’s creative implementation shall be judged by a panel based on the following criteria, which shall be used equally across each club’s submission. The panel will be comprised of five (5) individual panelists with no direct affiliation with a USAV club. Panelists will also have a background in coaching, life skill development in sport, and a familiarity with the Body Confident Sport program.

Criteria for Creative Implementation BCS

The scoring of the base rubric will be weighted by category. This means that if someone is rated as a 3,5,5 in the BCS objectives sub-categories, 4 on impact, 3 on creativity, and 3 on fun and engagement, their score isn’t actually 23, but...

$$15 (.45) + 4 (.25) + 3 (.15) + 3(.15) = 6.75 + 1 + .45 + .45 = 8.65$$

Scoring %	Category
45% (15% for each objective)	BCS objectives
25%	Impact
15%	Creativity
15%	Fun and Engagement

Each sub-category will be “graded” on a scale of 1-5.

Category	Sub-Category	Criteria for Scoring
BCS Objectives (up to 5 points)	Implementation of BCS objective #1: Focus on body functionality	On a scale of 1-5, with one being “not at all clear” to 5 being “completely clear”, what is the extent to which this team’s evidence of creative implementation reflects the focus of body functionality (as defined by the BCS program) Note: Not ALL pieces of evidence for creative implementation need to show this objective.
BCS Objectives (up to 5 points)	Implementation of BCS objective #2: Appreciation of diverse bodies	On a scale of 1-5, with one being “not at all clear” to 5 being “completely clear”, what is the extent to which this team’s evidence of creative implementation reflects the focus of appreciation of diverse bodies (as defined by the BCS program) Note: Not ALL pieces of evidence for creative implementation need to show this objective.
BCS Objectives (up to 5 points)	Implementation of BCS objective #3: Listening and	On a scale of 1-5, with one being “not at all clear” to 5 being “completely clear”, what is the extent to which this team’s evidence of creative implementation reflects the focus of

	responding to body cues	<p>listening and responding to body cues (as defined by the BCS program)</p> <p>Note: Not ALL pieces of evidence for creative implementation need to show this objective.</p>
Impact (up to 5 points)		<p>On a scale of 1-5, with one being “no impact” to 5 being “notable and meaningful impact”, what is the extent to which you would rate ALL pieces of evidence on the long-term impact for athletes on this team regarding the BCS objectives in their team culture?</p> <p>Helpful, but not all inclusive, questions to consider regarding impact: Are these activities/actions easily repeatable for this team or others? Could these activities/actions be spread throughout the culture of a club? What is the reach of these activities/actions? What evidence is there of athlete voice stating the impact? What evidence is there of depth to the activities/actions rather than a shallow acknowledgement of BCS objectives?</p>
Creativity (up to 5 points)		<p>On a scale of 1-5, with one being “no creativity” to 5 being “notable and unique creativity”, what is the extent to which you would rate ALL pieces of evidence on creatively using minimal resources to represent the BCS objectives in their team culture?</p> <p>Helpful, but not all inclusive, questions to consider regarding creativity: Is there a level of novelty to the activities/actions chosen? Did teams choose interesting activities/actions that were able to be completed with little-no resources?</p>
Fun and Engagement (up to 5 points)		<p>On a scale of 1-5, with one being “no team engagement and voice” to 5 being “notable and meaningful engagement and voice”, what is the extent to which you would rate ALL pieces of evidence on engaging the athlete voice and participation in representing the BCS objectives in their team culture?</p> <p>Helpful, but not all inclusive, questions to consider regarding fun and engagement: Is</p>

		there a clear presence of all or most team members in this evidence? Do athletes look to be engaged in the activities/actions? What evidence is there that the athlete voice was taken into consideration when designing the activities/actions? Were the activities/actions age appropriate?
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Program Timeline. The following timeline (subject to change in USAV’s sole discretion) shall apply to the Program:

1. **October 6, 2025:** Registration opens
2. **November 10, 2025 – January 7, 2026:** Coaches should facilitate the BCS program with their teams
3. **January 7, 2026:** Final date for completion and submission of athlete and coach survey
4. **February 14, 2026:** Final date for completion and submission of club creative implementation
5. **February 15, 2026 – March 6, 2026:** Panel review of club submissions
6. **March 8, 2026 – March 31, 2026:** Winners shall be announced and awards shall be distributed to winners. Participation awards shall also be sent to clubs at this time

TERMS AND CONDITIONS

Acceptance of Terms. You agree and understand that by entering into the Program, you accept and agree to these Terms and Conditions. If you do not wish to be bound by these Terms and Conditions, then you understand and agree that you will be ineligible to participate in the Program.

Background Screening and Staffing Requirements. You agree and understand that you shall cause any staff, personnel, and/or ordinary persons that actively participate with you in connection with the Program to maintain valid membership to USAV, hold SafeSport certification, and be cleared by USAV background screening.

USAV Property and Ownership. You agree and understand that you shall neither have nor acquire any rights whatsoever in and to USAV’s brands, trademarks, slogans, and/or images (each a “**Mark**”), intellectual property, copyright, physical property, information, content, data, designs, materials, proprietary rights, and/or any other similar or dissimilar USAV-owned property (individually and collectively, “**USAV-Owned Property**”) through your participation in the Program.

Cancellation. You agree and understand that USAV shall have the right, in its sole and absolute discretion, to cancel, shorten, lengthen, suspend, and/or amend, the Program, as well as the “thank-you bundle” and Program “best practice” awards (“individually and collectively, “**Awards**”) at any time, for any reason.

Applicability of the Terms and Conditions. You agree and understand that the Terms and Conditions, as well as the Program are subject to all applicable federal, state, and local laws and regulations and is void where prohibited.

Updates to the Program and Terms and Conditions. You agree and understand that these Terms and Conditions, as well as the Program and any elements thereof, may be updated from time to time in USAV's sole discretion (including, but not limited to, the Requirements, Award Details, Award Criteria, and the Program Timeline). Updates shall take immediate effect upon conveyance of the updates (which, for clarity, online distribution and/or email distribution shall constitute a proper conveyance of updates under these Terms and Conditions). You agree and understand that your continued participation in the Program shall constitute your consent to any such updates.

Entry Restrictions. You agree and understand that only USAV-affiliated clubs in good standing with USAV, which standing USAV may decide in its sole discretion, are eligible to enter the Program. All coaches and athletes participating in the Program must be members of USAV.

Entry Conditions and Release. You agree and understand that by entering the Program, you expressly agree that:

- a. USAV may send any information to you in connection with the Program;
- b. USAV may collect and/or store your personal information in connection with the Program;
- c. You are bound by these Terms and Conditions; and
- d. USAV may, in its sole discretion, collect, use, and/or reference any and all materials submitted by you to USAV in connection with the Program, and may, without limitation and in perpetuity, keep this material, deploy this material for internal use, and/or use this material in connection with the publicity, promotion, marketing advertising, and/or any other exploitation of USAV and the Program, and any and all components thereof on any and all of USAV's platforms including, but not limited to, Facebook, Instagram, Tiktok, X, and USAV's website (collectively "**USAV Platforms**").

Publicity. You agree and understand that participation in the Program also constitutes your express agreement and consent for USAV to use your name, residence, photographs, likeness of any kind, testimonials, biographical information, and/or statements in connection with your participation in the Program, worldwide and in perpetuity for any and all purposes in connection with the publicity, promotion, and advertising, marketing, conducting, and/or any other exploitation of USAV and the Program, and any and all components thereof.

Winner Notification Process. You agree and understand that winners of the Program shall be contacted using the email address used to enter the Program. Winners must respond to the notification within forty-eight (48) hours of receipt of the notification. If a winner has not responded to the notification within the abovementioned timeframe, USAV may, in its sole discretion, withdraw the award and winner shall forfeit any claim to the award

Taxes. You agree and understand that winners and recipients of any Award (including the "thank-you" bundle and "best practice" bundle) are responsible for any and all taxes, fees, and expenses in connection with the Program. Winners may be required to complete and return an IRS W-9 form or other applicable

forms. USAV shall not be responsible for replacing any lost or stolen awards, or any portion or components thereof.

Indemnification. You agree and understand that by participating in the Program, you agree to defend, indemnify, and hold harmless USAV and its directors, agents, officers, employees, affiliates, contractors, licensors, and/or subsidiaries (collectively, the “*Indemnified Parties*”) from and against any and all claims, expenses, and liability, including but not limited to negligence and damages of any kind, including but not limited to, invasion of privacy, copyright infringement, trademark infringement, property damage, or death or personal injury arising out of or relating to your participation in the Program, and/or use of any awards or any components thereof.

Limitations of Liability. You agree and understand that the Indemnified Parties will have no obligation or liability for or resulting from: (i) your participation in the Program, (ii) entries, award claims and award notifications that are late, lost, undeliverable, or not received; (iii) participants acting in a fraudulent or deceptive manner in entering and/or participating in the Program and/or any components thereof; (v) an inability to fulfill any award due to delays or interruptions due to Acts of God, natural disasters, , terrorism, or any other similar or dissimilar event beyond USAV’s control (each a “**Force Majeure**”); or (v) any damages, injuries or losses of any kind caused by or resulting from participation in the Program or receipt and/or use of any award or component thereof.

Governing Law. You agree and understand that issues concerning the Program, or the rights and obligations of you and USAV in connection with the Program, shall be governed by and construed in accordance with the substantive laws of the United States of America and with the laws of the State of Colorado without regard to conflict of law principles.

Waiver. You agree and understand that waiver by USAV of a breach of any provision of these Terms and Conditions shall not operate as or be construed to be a waiver of any other breach of such provision or of any breach of any other provision of these Terms and Conditions. Any waiver must be in writing. Failure by USAV to insist upon strict adherence to any term of these Terms and Conditions on one or more occasions shall not be considered a waiver or deprive USAV of the right thereafter to insist upon strict adherence to that term or any other term of these Terms and Conditions.

Reservation of Rights. You agree and understand that all rights not specifically granted to you in connection with the Program shall be and remain the property of USAV.

Entire Agreement. You agree and understand that these Terms and Conditions, together with the Club Consideration Requirements, Award Details, and Award Criteria shall constitute the entire agreement between you and USAV with respect to the Program, and shall supersede all prior statements, understandings, representations, and agreements, both written and oral and express or implied.