

How To Establish A Junior Volleyball Team

In the Carolina Region of USA Volleyball

Download a current Junior Registration Packet from the Clubs section of our web site. Packets are usually updated for the next season in September of each year.

- A. If interested in becoming a non-profit organization, contact the North Carolina Secretary of State for information on the steps needed to take to incorporate. Go to <https://sosnc.gov/> and click on Business Registration to begin or call 919.814.5400 for more help. NOTE: Incorporating as a non-profit organization is **NOT** required in order to register a team/club with the Carolina Region (it just may help with some of your fundraising efforts!). Also, please see our information sheet on tax considerations for Junior clubs on the Clubs page of our website.
- B. Register your Club annually with the Carolina Region. Go to [this link](#) to submit the 2026 Club Registration form.
- C. Decide on what type of program you will have:
 1. Boys, Girls or both.
 2. What age groups will you have? (18, 17,16, 15,14, 13, 12, 11 or 8 and under)
 3. What will be your club's focus, your goals and objectives?
 - a. All comers - everyone plays.
 - b. Elite - accept only the best.
 - c. Development – internal leagues for younger age groups
 - d. A combination.
- D. Recruit any other coaches you will want or need in this program. Each team must have its own adult (18+) Head coach. Every team must have an adult coach who is IMPACT and SafeSport certified at every practice and tournament. Each coach (Head or Assistant) must be a registered Carolina Region/USAV member and at a minimum be IMPACT-certified. Each coach must be at least two years older than the age group she/he is coaching. For the safety of our youth, all adults affiliated with a Junior club (including but not limited to the club rep, team rep, coach, assistant coach, trainer, chaperone) must clear the USAV background screen and complete the USOC SafeSport course each season while members of the Carolina Region.
- E. Decide how the program will be financed:
 1. Regular monthly dues.
 2. Fund raisers.
 3. Solicitation of local merchants in your community to donate to the program.
 4. Solicit a large company to sponsor a team or your whole club.
 5. A combination of the methods above or other means.
- F. Find a place to practice and a place to hold your tryouts. See [this link for information on the Carolina Region Junior Tryout and Commitment Date Policy](#). If you would like your tryouts to be sanctioned and thus covered under our insurance policy, complete the [2026 Event Sanction Request Form](#). In order for an event to be sanctioned, all coaches must have a current background screen on file, and all participants must be current members of the Carolina Region/USAV).
***NOTE:** Clubs should take every precaution to ensure compliance with the North Carolina High School Athletics Association.*
- G. Finding Players:
 1. Contact potential players:
 - a. Through flyers to the local schools
 - b. Through media advertising, social media or web site postings
 - c. Direct mail or email to established mailing lists – mailings may only announce the tryout date(s) for the club and introduce the club in general.
 - d. A combination of the above methods
 2. Recruiting:

Clubs and individuals are permitted to attempt to recruit a player to play with their club at any time. Once a player has committed to a particular club in a specific season, any recruitment can only be for a future season. Players and families have the right to inform other clubs that they have signed a 2026 *Letter of Commitment* (available after Sept 1) with a club and request not to be contacted in the future. Other clubs must respect and honor this request and may not denigrate other clubs while promoting their own club. **Please see the Carolina Region's statements on Recruiting available at the Clubs page for more information.**
 3. The Carolina Region expects all coaches and club representatives to honor the USA Volleyball Code of Conduct that they agree to uphold each season which addresses appropriate behavior towards athletes and their families. These forms are available for review at the [Forms page](#).

4. Conduct a meeting with potential players and at least one guardian/parent of each player.
 - a. Introduce your coaching staff and their qualifications.
 - b. Explain how the program will operate.
 - c. Discuss the methods of financing the program.
 - e. If the meeting is held before tryouts explain how tryouts will be conducted.
 - f. You must tell both the players and their parents that they can be seriously injured playing volleyball. This must be done for liability insurance protection.
 - g. You must tell both the players and their parents or guardians that they must sign/acknowledge a release and waiver form before they join the Carolina Region/USA Volleyball.
 - h. You must tell them about the Carolina Region Recruiting Statement and Participant/Spectator Behavior Policy (both available at the Region's website).
- H. Select the team or teams. Have all players and staff apply for Carolina Region membership online **AFTER September 1** (send them a Public Club Assignment link from your Club HQ to have them go through the membership quizzard and affiliate with your club in one process). A completed membership is due at least one week before participation in a USAV-sanctioned tournament.
- I. Get a commitment from parents as to what their assistance to the program will be. Have them sign a Parent Code of Conduct.
- J. Begin to practice. If you want your practices USAV sanctioned for insurance purposes, complete and return the Event Sanction Request Form (found at the [Insurance Forms page](#)).
- K. Enter tournaments as early as possible because they may fill up fast. Deadline for all tournaments is two weeks in advance. One-day tournament entries will be initiated in the Tournament System. Please see the [Tournament Entry information page](#) for the quick and easy tournament entry process.
- L. **Additional Information for Junior Programs/Clubs:**
 1. **Mature Leadership** - All teams must have adult participation for the program to succeed. Each team must have at least one adult coach over age 18. All adults affiliated with a junior team must be in good standing with the Carolina Region and pass the USAV background screen. Individuals that have reached their 16th birthday may be allowed to be added as an Assistant Coach for younger age groups. See the Operating Code (at Forms page) for all the requirements.
 2. **Officials** - Each team must provide two certified referees, a scorer, and an adult all listed as certified on the roster (certification means they have attended a clinic and passed the appropriate test for qualification). All certification clinics are available online and accessed from within the member's SE account.
 3. **Coaches** - Each team must have adult coaches that are at least two years older than the age group they are coaching (minimum age of 18) and all players' parents must be advised of this requirement and the methods by which it will be satisfied. The USAV IMPACT Course (or CAP) must be completed before a person may coach in any Carolina Region sanctioned tournament. A SafeSport certification is also required to participate with a Junior Club.
 4. **Clinicians** - The Carolina Region can provide knowledgeable cadre to conduct supplemental officiating clinics. If you would like to Host your own Official's Clinic to supplement the online training, see the Host Your Own Clinic information on our Clinics tab. Everyone will take the referee and scorer clinics online this season.
 5. **Carolina Region Fees** - All players, coaches, team reps, club reps, and adult Chaperones will be required to register with the Carolina Region/USAV. If your club is incorporated, it is recommended that the Board of Directors purchase Director's & Officer's insurance. The Region Office has information on this coverage at our Forms section of our website that is provided by USA Volleyball's insurance provider.
 6. **Insurance** - All Junior Volleyball teams (players, coaches and other registered members) will be provided secondary medical insurance up to \$25,000 for participation in USAV sanctioned events as part of the Carolina Region registration fee. Precautions must be taken for the unwanted possibility of injury. Additionally, sanctioned events are covered with a \$2,000,000 General Liability policy (to aid in renting facilities for practices and tournaments). A Certificate of Insurance form can be requested using the applicable form from our website.
 7. **Newsletters** - The Carolina Region will produce online newsletters for clubs and our members. All members should read the newsletters when they come out for important information.
 8. **Handbook** - The Carolina Region produces an online Handbook that contains the Carolina Region Operating Code, Bylaws, tournament information, Insurance information, Board of Director information, and more. It will be available on the Documents page once all information for this season is compiled.
 9. **Web Site** - The Carolina Region maintains a continuously updated web site at <https://www.CarolinaRegionVB.org/> Tournament schedules and results, clinic dates, operating policies, and links to much more information on Carolina Region volleyball can be found at this site. You can also refer to the Junior Clubs section that has all the forms you will need. We have an AI Chatbot that can help you find the information you need on our website quicker. All tournament schedules, tournament sites, pools, and results will be available on our Tournament System - <https://tournaments.carolinaregionvb.org/>

If you have any additional questions, please contact the Region Office at office@carolinaregionvb.org.

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