

# AVCA-Carolina Region RECRUITING TIP OF THE WEEK

Attack Metrics  
that Make a Difference  
with College Coaches



# Statistics of Elite College Opposites

Hitting Percentage: .250

Kills per Set: 3.14

Blocks per Set: .59

Digs per Set: 2.02

Aces per Set: .23

Total Points per Set: 3.69

Metrics are Averages



# Statistics of Elite College Middles

Hitting Percentage: .328

Kills per Set: 2.37

Blocks per Set: .975

Aces per Set: .118

Total Points per Set: 3.05

Metrics are Averages



# Statistics of Elite College Setters (5-1 system)

Assists per set: 10.66

Digs per set: 2.26

Blocks per set: .44

Aces per set: .23

Metrics are Averages



# Statistics of Elite College Liberos

Digs per set: 5.02

Reception Attempts per set:  
4.69

Reception Errors per set: .25

Reception % (total attempts-  
errors/total attempts): .948

Metrics are Averages



# Statistics of Elite College Outside Hitters

Attack Percentage: .225

Kills per Set: 3.5

Services Aces per Set: .285

Blocks per Set: .404

Digs per Set: 2.8

Total Points per Set: 4.03

Metrics are Averages



# Data Sources

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## Statistics:

AVCA DI, DII, DIII All-America nominees



**Thanks for  
your  
membership  
in the  
Carolina  
Region**

**Your partner  
in volleyball**

