

AVCA-Carolina Region RECRUITING TIP OF THE WEEK

What Makes NCAA DII Women's Volleyball Unique?

#### NCAA DII Women's Volleyball



#### Division II student-athlete's time each week







34%

Work at least 8.5 hours per week

58%

Want to attend graduate school

21%

Involved in internship/externship

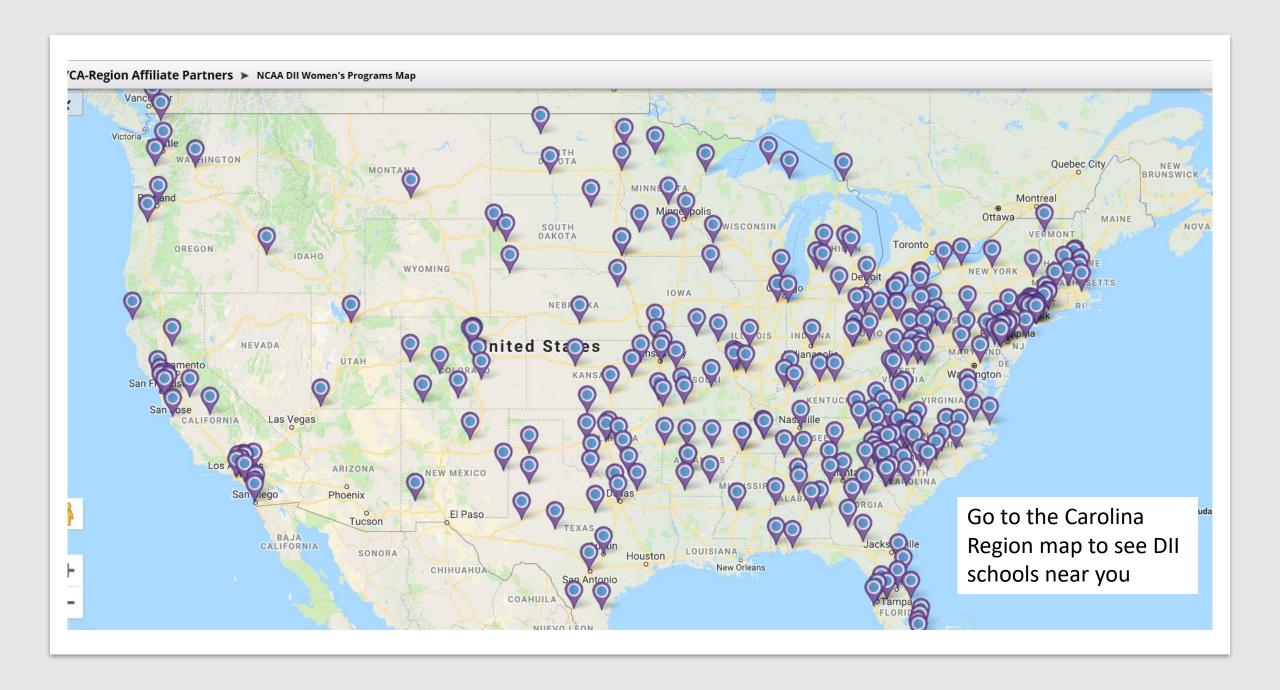


Division II student-athletes report spending about 2 days a week away from campus



**2/3** of DII student-athletes say they spend as much or more time on athletics during the offseason as during their competitive season.

Different Options for College Women's Volleyball						
			# of Playing	Length of the		
Organization	# of Teams	# of Players	Dates	Season	# of Volleyball Scholarships	Off-Season Commitment
NAIA	226	4000	28 Total Fall & Spring	Early August to early November	Eight equivalencies	Unregulated
Two-Year College	326 in NJCAA; 98 in CCCAA; 32 in NWAC		Max of 28 in fall; 32 during the whole year	Early August to early November	DI: 14 Fulls; DII 14 Tuitions; DIII None; CCCAA None; NWAC 8 tuitions	Unregulated
NCAA DIII	433	7057	22 fall/1 spring	Late August to early November	None; need & academic aid only	16 days over five weeks
NCAA DII	303	4854	28 Fall/4 Spring	Mid-August to mid- November	Eight equivalencies	six - seven weeks of VB training; Strength & Conditioning all spring
NCAA DI	334	5480	28 Fall/4 Spring	Early August to end of November	12 Full rides	six - seven weeks of VB training; Strength & Conditioning all spring



Coaches tell you in their own words



NCAA Division II volleyball allows women to compete at a extremely high level, while maintaining the balance between volleyball and academics. Missed class time is minimal because of our close proximity to our opponents and the focus on a regional schedule.

Coach from Minnesota





Two words come to mind: balance and priorities. DII allows for more space to compete in every avenue of our lives – academics, social life, personal time & volleyball.

Coach from California

In DII, the playing field is more level than DI so more student-athletes across the Division have a chance to compete for conference, regional and national championships. A wider group also has the opportunity to make All-Region and All-American teams.

Coach from Texas





The ability to create balance in school, life, AND sport is truly what makes D-II unique. The structure is designed around it so coaches can focus on GPA's, community service, and volleyball.

Coach from Michigan

DII Volleyball has the financial benefits of DI with the academic focus of DIII so a DII studentathlete can have a focused, competitive athletic experience while pursuing rigorous academic majors.

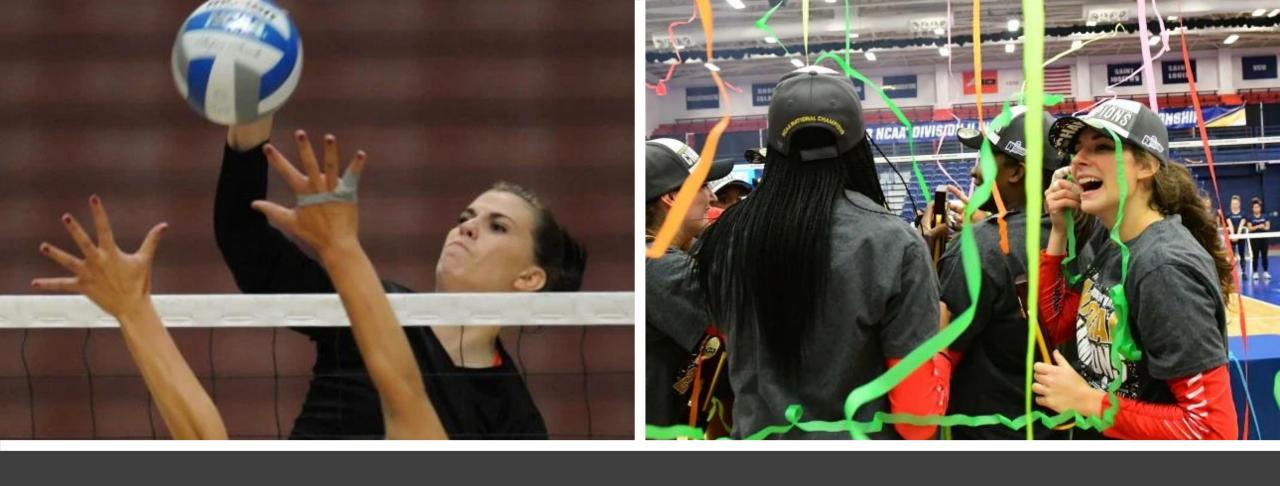
Coach from Florida



I remember a player who transferred from DI to DII saying it felt as if the players at DI were there because that's what you did, where those at DII picked it for a reason; they could be at DI but chose DII.

Coach from Pennsylvania





This is what makes NCAA DII Volleyball unique!!

Thanks for your membership in the Carolina Region

Your partner in Volleyball

