

HANDBOOK INTRODUCTION

This handbook should be your source for answers to most questions about Carolina Region Volleyball. In it you will find most of our Regional rules, regulations, and requirements. Pay particular attention to the Operating Code. There are many requirements listed there that each team must meet to be eligible for competition in the Region. Come to this book first if you have a question; chances are you'll find the answer here. You will also find a list of the volunteers who have agreed to serve and have been elected to the Board of Directors. If you still have a question or a problem, contact the Region Office or please contact the appropriate Board member. We are all working together to make playing volleyball in North Carolina the best experience possible. With your cooperation, we can do it.

Another good source for information on the Carolina Region is our site on the Internet. Please add our site to your Bookmarks section and visit us often for updates - <http://www.carolinaregionvb.org/>. There you will find all our schedules, results, clinic information, directions, tournament information, and Frequently Asked Questions (FAQ). Our web site has been totally designed in an effort to make it more user-friendly and easier to find the information our members look for most. Remember, the Blue Menu has the main categories most site visitors are looking for – Coaches, Adults, Juniors, Officials, Board, and Tournament Directors (clicking on each word will take you to that main section). Once you go to each section, the Red menu down the left side will link to items of interest to that section only.

This handbook is designed to be a source book on Regional affairs for an extended period. By necessity, it contains dated material. Each year, supplements will be published on our website to update any obsolete entries, and additional information may be passed along through emails to Team Reps and Club Administrators. But the basic meat of the handbook, the Bylaws, the Operating Code, and the Tournament Guidelines will remain essentially unchanged. Keep this where you can refer to it often.

WELCOME TO USA VOLLEYBALL!

As President of the Carolina Region of the United States Volleyball Association (USVBA - also known as USA Volleyball), I'd like to take this opportunity to explain just what you can get by joining the Carolina Region. First, you get to meet and associate with a great bunch of people who share a love for volleyball. The primary purpose of USA Volleyball is to promote volleyball. USA Volleyball is the National Governing Body (NGB) for volleyball on all levels, from the national teams down through recreational players like you. Here in the Carolina Region, you will see players of many different skill levels, but we are all here for the pleasure of playing volleyball. So come out and join us! The more concrete benefits you receive are the following:

1. A subscription to Volleyball USA, a national magazine published four times yearly.
2. Access to Carolina Volleyball Review, our online regional newsletter published 2-3 times yearly.
3. Officials that attend an officiating clinic receive a USA Volleyball Domestic Competition Regulations book, with rules of the game. For the 2010 edition and thereafter, rule books will only be produced every two seasons.
4. A regional team of volunteers who are dedicated to providing the membership with a structured, safe, regulated opportunity to play volleyball against teams and players of their own caliber.
5. A tournament schedule of regulated events that will give every member plenty of opportunity to play the sport we all love, insured by up to \$2 million of liability insurance.
6. A \$25,000 supplemental medical insurance policy covering accidents during sanctioned play.
7. Trained officials to ensure strict adherence to the rules for equal, fair play.
8. A staff of one full-time and four part-time professionals to facilitate the administration of events, provide service to the membership, develop programs, and support and promote the sport of volleyball in North Carolina.

Please note that most of these services are provided by volunteers, people like you who have seen a need to provide opportunities for playing volleyball to their fellow North Carolinians and have accepted the responsibility. Please feel free to join us and contribute your time and energy. You will find a list of these people elsewhere. Don't hesitate to contact any of them for information or help. We are all happy to welcome new players to Carolina Region Volleyball.

Fred Wendelboe
President
Carolina Region, USAV

MISSION OF THE CAROLINA REGION/ USA VOLLEYBALL

The Carolina Region, a 501(c)(3) non-profit, is dedicated to developing and improving the sport of volleyball throughout the state of North Carolina from grassroots programs to elite by utilizing:

- Coaching Education
- Player clinics/development
- Facility improvements and development
- Quality tournaments and playing opportunities
- Information services

The Carolina Region is a proud member Region of USA Volleyball, the National Governing Body (NGB) for the sport of volleyball in the United States.