



Carolina Region/USAV

2009-10 Junior Season Information

Contacts

Key Board Members and Staff:

(all below can be reached at firstname@carolinaregionvb.org)

- Fred Wendelboe– President
- Trina Sharpe – Junior Girl’s Representative
- Audun Runde– Junior Boy’s Representative
- Kevin Wendelboe – CEO/Executive Director
- Chuck McCracken – Coaches Program Director
- Sheila Holloway – HP Program Director
- Marilyn Thompson – Officials Program Director
- Betsey Wells – Administrative Assistant
- Ronnie Mutter– Referee Chair

Junior Advisory Board

- **IMPORTANT** – each team must designate a unique team representative (as compared to the club director being the team rep for all their teams) on the Junior Team Registration Form.
 - One club rep can still handle all the administrative duties (entering into tournaments, etc.) but the unique team rep is for the online system and the Junior Advisory Board.
 - You do not have to register a new member, it can be the coach (for example).
 - All Team Reps automatically become members of the Junior Advisory Board with one vote at the meeting.
- The Advisory Board will meet once a year to primarily set polices and direction for the next season. **Next Meeting** – May 1, 2010 (Site TBA)
- Participate as needed via e-mail in discussions about issues that pertain to juniors.

Board Structure

Junior Advisory Council

- Subgroup of the Junior Advisory Board (like an executive committee)
- Will handle a lot of the issues that come up during the season.
- Will recommend policies to the Advisory Board for approval and presentation to the Region Board of Directors.

Junior Team Handbook

Now available on the web site:

- www.carolinaregionvb.org/Juniors/
- Links to 2010 Handbook sections in left-hand RED menu on Juniors section.
- (NOTE: Most of the sections have been updated for 2010. Depending on when you view this, some sections may still say 2009. Wait until it is labeled as 2010 to use it for the current season.)

Carolina Region Junior Boys Representative

Audun Runde

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boysrep@carolinaregionvb.org

<http://www.carolinaregionvb.org/Boys/>

2009 Carolina Region Boys HP Team



Carolina Region Boys

- Help us grow the Boys Game in 2010!
 - Commit your club to add ONE 18 and under team (to include 18's, 17's, 16's players) and ONE 14 and under team (to include any age under 14).
 - Finding Players:
 - Brothers of your existing players!
 - Many middle schools have Boys volleyball
 - You do not have to structure it like your Girls teams! They do not have to play under normal tournament structure:
 - Weeknight leagues
 - Practices only/Scrimmages
 - Co-ed play with your girls teams
- If we get enough teams, we will try to organize some tournament play across the state including a Regional Championship!
- We had our first High Performance Boys team in 2009! We hope to continue to improve the HP Boys Program in 2010.

Recruiting

Junior Recruiting Issues - updated August 27, 2008 **(no changes made for this season)**

- The Carolina Region has had tremendous growth in our Junior membership over the past several seasons.
- While this is good for the overall level of play and promotion of volleyball in North Carolina, it has magnified many of the problems with recruiting that a competitive program will often have.
- For this reason, the Junior Division of the Carolina Region Board of Directors has issued the following to address some of the questions and concerns about recruiting and the tryout process to try to avoid serious problems in the future with recruiting.

Recruiting – continued

Guiding Principle:

- Clubs/Teams/Coaches need to understand that they do not own the rights to players.
- Players (with help from their parents/guardians) have the right to choose where they want to get their club volleyball experience.
- Each membership year, each family (which includes the individual player and his/her parents/guardians) have the right to choose to play for a different club/team than the year before without repercussions from their previous club.
- A club is defined as one or more teams registering with the Carolina Region and club representatives include but are not limited to official club reps, team reps, coaches, assistant coaches, chaperones, parents of players in the club, and players in the club (all of which may represent the club to others in some capacity).

Recruiting – continued

Promoting A Club:

Clubs have the right to promote their club and tryout information. They may do this in a variety of ways including but not limited to:

- newspaper ads,
- flyers,
- brochures, and
- websites.
- Clubs may mail/email general information on their tryouts/club to anyone.

Recruiting – continued

Recruiting A Player:

- Clubs and individuals are permitted to attempt to recruit a player to play with their club at any time. Once a player has committed to a particular club in a specific season, any recruitment can only be for a future season. Players and families have the right to inform other clubs that they have signed a Letter of Commitment with a club and request not to be contacted in the future. Other clubs must respect and honor this request and may not denigrate other clubs while promoting their own club. The Carolina Region expects all coaches and club representatives to honor the Coaches Code of Ethics and Participant Code of Conduct that they agree to uphold each season which addresses appropriate behavior towards athletes and their families.

Tryout Guidelines-Updated for 2010

Tryouts:

- There will be TWO announced tryout periods that clubs are encouraged to adopt. (1) The first tryout period will begin on Saturday October 24, 2009 for the following age groups: 15's, 14's, 13's, and 12's. (2) Tryouts for the 16's, 17's, and 18's age groups should be held beginning Sunday, November 8, 2009 (after the North Carolina State Championships for public High Schools on November 7, 2009). The Carolina Region/USAV will not publish any tryouts for girls' teams on its website that occur before these dates for the respective age groups. Some middle and private school seasons can last longer than the High School season so the Region recommends club directors check with Middle and/or private school coaches in their area to determine optimum tryout dates for their various age groups.

Tryout Guidelines – continued

Signing Dates:

- Players have the right to attend more than one club's tryouts. The Carolina Region recommends that clubs adopt a signing date of NINE DAYS after an age group's Tryout Period begins (Nov 2 for the 14's, 13's, and 12's age groups; November 16 for the 15's, 16's 17's, and 18's age groups). Clubs should commit to hold an offer open to a player to join a particular team in the club or the club in general until the respective age group signing date. If the player commits by the signing date, clubs may be considered to have violated the RVA/USAV Code of Conduct if the offer is not honored by the club. Players may voluntarily commit to a club at anytime following the club's tryouts, but should not be pressured to do so. For tryouts just before or after the signing date, clubs should give a minimum wait period of seven days before requiring a player to commit to their club. The Carolina Region encourages all clubs to use the Letter of Commitment when accepting players into their clubs. This form should not be sent to the Carolina Region, but kept on file with the club should an issue arise about a player's commitment to a club.

Registration Issues

Early Bird Deadline – November 1, 2009

- Individual registrations must be **RECEIVED** on or before Nov 1st. (Junior Team Early Bird deadline is Dec 1st).
- Club Information Form may be turned in anytime. Again for 2010 – All multi-team clubs will have Player Movement Privileges (from within the same club) without a Club Fee!
 - Clubs can form teams after Dec 1st at regular fees (club and non-club)
- All participants (teams and individuals) must be registered at least one week before participation

Registration Issues – cont.

Common Mistakes (all but eliminated if register online!)

- Adults affiliating with a Junior club not sending in the (new) Junior Club Personnel Code of Ethics. This can be submitted online during the application process (and later by logging in to your member account).
- Paper forms - Not signed in all spots – parent/guardian and participant have places to sign. Using 2009 form and not 2010.
- Birth Date incorrect (paper) – put current year in
- Faxed or Copies sent instead of originals
- Medical Release forms sent to Region instead of given to coach/club.

Registration Issues – cont.

- HS Grad Year – please have players fill out (especially Seniors).
- **Remember** - Include Signed Background Screen/Consent form for all new adults affiliating with a Junior club. Background screen is good for two years. Note: Coaches must have passed their screen before they can be registered as members and added to roster. Please allow 3-5 days for this process.
- If adults apply online, the background screen is handled automatically!



Registration Issues – cont.

Online registration.

System is up September 1. Individual based.

- Players can go in anytime and join/renew (if members before).
- Payments – NEW for 2010 - pay with credit card on last screen of application! We also accept PayPal payments or mail check to the Region office. Early Bird deadlines still apply.
- You will not get membership cards. You receive an e-mail when we clear you in the system and you can print your membership card from your online membership record.

Membership Card

 USA Volleyball  750640 Carolina Region Membership Card 2007 Season	BG Status: Current BG Exp: 10/31/2008 Coach Cert: IMPACT Ref Cert: Regional Referee Ref Exp: 10/31/2006 Score Cert: Regional Scorekeeper Score Exp: 10/31/2006
Name: Charles McCracken Member #: CR1005575MR07 LOP: UA Member Dates: 11/1/2006 - 10/31/2007 Club Name: Piedmont Triad VBC	Commissioner: <i>Kevin Wendelboe</i>

- Front -

- Back -

Registration Issues – cont.

Teams (Early Bird deadline is Dec 1st).

- Fill in [Junior Team Registration form](#).
- Send with team registration fee to the region office.
 - You may fax forms and pay with PayPal.
 - Must include at least 6 players and one coach to be a valid team (you can add players/staff later).
 - Team is classified at level of the oldest player on the team (regardless of whether they attend an event or not)
- You will not receive tournament entry form. The designated club administrator (not team rep) will be able to print all the forms for teams in the club as well as see everyone's status in the club (pending, unpaid, current, etc.)

Coaches Information

- All coaches must be 18 years old and at least two years older than age group they coach.
- Teams with a coach under 25 must have another coach or chaperone over 25 on roster. That person will be required this season to check in during the Coaches Meeting at all tournaments. Adults on the roster must pass a background screen.
- A coach may only coach for one club.

Coaches Information – cont.

All coaches must be IMPACT or CAP certified.

- Must meet certification requirement before first tournament.
 - Team must have a certified coach (on roster and present) to play.
 - Coach must be certified before coaching.
- See [Clinic schedule](#) on website. USA Volleyball now offers monthly IMPACT webinars that will meet the IMPACT certification requirement.

Coaches Information – cont.

Coaches who have been IMPACT certified previously have an Annual Continuing Education Requirement. They must attend a coaching clinic each year.

- How do I meet this requirement? Attend and show proof of attendance of one of the following:
 - Gym session of an IMPACT clinic.
 - A USA Volleyball CAP Clinic or webinar (new).
 - Gold Medal or other coaching clinic.
 - Required high school coaches clinic.
 - College Coaching theory course
 - Other Clinic with prior approval of Coaches Program Director.

Coaches Information – cont.

Other acceptable clinics could be about:

- Weight training
- Nutrition
- Plyometrics
- Sport psychology
- i.e., something relevant to coaching.

Check your local college/university to see if they have a one-day seminar/discussion that might interest you and meet this requirement!

Coaches Information –cont.

Check www.USAVolleyball.org and click on the “Events” tab to see the schedule of CAP clinics and locations. (There are plans to hold a Level I/II clinic in NC in May, 2010).

CAP Level I Course Topics – Day One

- Teaching The Skills (on-court peer interactive session).
- Cadre Observations, Evaluations & Feedback.
- Motor Skill Learning Theory.
- Coaching Philosophy, Code of Ethics, Legal Duties.
- FUNdamentals of Basic CAP Level I Skills.
- Drill Design & Implementation.
- Practice Preparation & Execution.

Coaches Information –cont.

CAP Level I Course Topics – Day Two

- Module #1 (Choose 1)
 - Intro to Blocking.
 - Intro to Passing, Digging and Individual Floor Defense Techniques.
- Module #2 (Choose 1)
 - Intro to Offense System Organization.
 - Intro to Middle Attack Techniques.
- Module #3 (Choose 1)
 - Intro to Defensive System Organization.
 - Intro to Serve Receive System Organization.

Coaches Information –cont.

CAP Level I Course Topics – Day Two

Additional Elective Module Topics (extra fee).

- Additional Module #1 (Choose 1)
 - Intro to Setter Techniques.
 - Designing Drills on Your Feet.
- Additional Module #2 (Choose 1)
 - Parent and Fan Issues.
 - Intro to Serve Receive System Organization (repeat).

CAP Level I Accreditation Requirements.

Coaches Information –cont.

CAP Level II Course Topics – Day One

- Developing Guiding Principles.
- Developing Team Systems of Play.
- Building the Serve Receive Offense.
- Building Team Defense: Blocking & Floor Defense.
- Team Building – Cohesion, Communication & Trust.
- Out-of-System Systems.
- Team Drills: Teaching The Systems.

Coaches Information –cont.

CAP Level II Course Topics – Day Two

- Module #1 (Choose 1)
 - Match Management and Stats.
 - College Recruiting Issues.
- Module #2 (Choose 1)
 - Sport Psychology for Coaches and Athletes.
 - Serve Receive Offensive Systems.
- Module #3 (Choose 1)
 - Match Management and Stats (repeat).
 - Contrasting Team Offensive Systems.

Coaches Information –cont.

CAP Level II Course Topics – Day Two

- Module #4 (Choose 1)

- Running a Practice on the Court.
- Contrasting Tam Defensive Systems.

Additional Elective Module Topics (extra fee).

- Additional Module #1 (Choose 1)

- Attacker Roles.
- Conditioning for Strength and Power.

- Additional Module #2 (Choose 1)

- College Recruiting Issues (repeat).
- Attacker Roles (repeat).

Level II Accreditation Requirements.

Coaches Information –cont.

The USA Volleyball Coaching Accreditation Program (USAV-CAP) has teamed with the American Sport Education Program to provide ON-LINE training opportunities for USAV-CAP coaches through the ASEP Coaches Education Program!

- ASEP's ***Coaching Principles*** course satisfies the **CAP Level I** requirement of a **Foundations of Coaching** course.
- ***Coaching Principles, Sport First Aid*** or ***Coaching Youth Volleyball***, (and the to-be-released ***Coaching Volleyball Technical and Tactical Skills***) courses are now accepted as **USAV-CAP Level I, II or III Approved Elective Modules**. Any of these three courses may be applied as USAV-CAP additional Approved Modules toward an initial USAV-CAP accreditation requirement or toward the re-certification of an existing USAV-CAP accreditation.
- To purchase the online versions of ***Coaching Principles, Sport First Aid*** or ***Coaching Youth Volleyball***, (and the to-be-released ***Coaching Volleyball Technical and Tactical Skills***) courses go to www.USAVolleyball.org and hover on the “Resources” tab and select the “Education” link.

PARTICIPANT/SPECTATOR BEHAVIOR POLICY

The Carolina Region endorses the principles of the Positive Coaching Alliance and the Honor the Game philosophy. To this end, we have adopted a Participant/Spectator Behavior Policy for unsportsmanlike conduct by all attendees at Carolina Region sanctioned events.

- It is understood that in the "heat of the moment", immediate reactions to a specific play or outcome during competition is natural. However, verbal or physical (either simulated or actual) assaults on tournament directors, officials, coaches, players, or spectators will not be tolerated.

PARTICIPANT/SPECTATOR BEHAVIOR POLICY

Examples of inappropriate behavior

Examples of inappropriate behavior that may result in implementation of this policy include, but are not limited to:

- Making inappropriate comments to officials (adult or junior) over faults called or not called.
- Making inappropriate comments to line judges about calls made.
- Making inappropriate remarks to participants on the court.
- Approaching the scorers table or referee stand during play to complain about what is shown on the scoreboard or faults called or not called.
- Expressing extensive disagreements with Tournament Directors or Officials concerning tournament procedures, formats, playoff seeding, or any tournament matter. Ideally, only the Head Coach should approach the Tournament Director to discuss tournament administration matters during an event. This is so the Tournament Director can concentrate on running the event and not answering general questions from spectators or repeatedly explaining decisions based on policies that have been publicized in Carolina Region materials on the website. Spectators and other participants should run their questions through their Head Coach, who will often know the answers anyway. The decision of the Tournament Director, after consulting the Tournament Director Handbook and/or Region Staff, is final and not subject to question from coaches or spectators.

PARTICIPANT/SPECTATOR BEHAVIOR POLICY

Enforcement

- At every tournament coaches/captains' meeting, the attendees will be reminded that the Tournament Director has the power to expel any unruly spectator, coach, player, or participant from the facility (typically after a verbal or written warning has been issued, but a warning is not required if actions are severe enough).
- Tournament Directors will be provided with a warning card to "Honor the Game" that they and the officials can hand out to participants if their behavior is in danger of reaching the level of possible sanctions. If a warning does not cause the behavior to change, a tournament director may choose to have the participant expelled.

PARTICIPANT/SPECTATOR BEHAVIOR POLICY

Warning Cards

HONOR THE GAME OF VOLLEYBALL!

■ Respect the **ROOTS** of Positive Play

- **Rules:** We refuse to bend the rules to win.
- **Opponents:** A worthy opponent is a gift that brings out our best.
- **Officials:** Show respect even when we disagree.
- **Teammates:** Never do anything to embarrass our team.
- **Self:** We live up to our own standards even when others don't.

PARTICIPANT/SPECTATOR BEHAVIOR POLICY

Reporting Incidents

- The Tournament Director who issues the expulsion will be required to submit an incident report, in writing, to the Region Office within 48 hours of the event.
- A witnessing Adult Official or facility supervisor should also submit a written summary of the event to the Region Office.
- The expelled individual will be informed that they (or the coach of an expelled player) may submit within 72 hours to the Region Office their written perspective of the incident.
- Any expulsion decision will be reviewed within ten (10) days by the appropriate Board Representative of the affected division (girls, boys, adults) and the Carolina Region Director of Operations.

PARTICIPANT/SPECTATOR BEHAVIOR POLICY

Consequences

Upon review of the facts as expressed in the written incident reports, the Board Representative of the affected division may choose among several courses of action, including:

- Acknowledge review of the incident with no further action.
- Issue a formal notice of reprimand to the expelled player, coach, or spectator (copy to the team representative).
- Suspend the expelled participant from a subsequent tournament.
- Declare a "repeat offender" ineligible to attend sanctioned events for the remainder of the current season or for the entire following season.
- Penalize teams or clubs for unruly spectator behavior in an equitable manner fitting the circumstances, which could include but is not limited to:
 - Denial of entry into the next tournament,
 - Revocation of eligibility to compete for the remainder of the season,
 - Other penalty deemed appropriate by the applicable division's Advisory Council.

PARTICIPANT/SPECTATOR BEHAVIOR POLICY

Consequences – Due Process

- Any sanctions imposed on participants for their behavior at Carolina Region sanctioned events will be governed by the Due Process Policy of the Carolina Region. A copy of the Due Process Policy will be included with all correspondence to the individual.
- All teams, clubs, and spectators at Carolina Region sanctioned events are expected to be aware of this Participant/Spectator Behavior policy, and to educate their players, coaches, and parents on the policy. With the help of our Volleyball community, we can ensure that our events are a fun and safe environment for all our members!

Officiating – New Rules

- USAV 4.5.2 –If a player's equipment falls to the floor and creates a safety hazard, play is stopped and a delay sanction is assessed.
- Explanation: This change clarifies how to handle a safety hazard caused by player equipment.

Officiating – New Rules

- USAV 5.1.3: For junior competition, both coaches sign the scoresheet after the match to verify the results.
- USAV 10.1.3: The ball that is heading towards the opponent's court through the lower space is in play until the moment it has completely crossed the vertical plane of the net.
- USAV 11.2.2: to touch the opponent's court with any body part above the feet is permitted provided that it does not interfere with the opponent's play.

Officiating – New Rules

■ Net touch Rule

- USAV 11.3.1: Contact with the net by a player is not a fault, unless it interferes with the play.
- USAV 11.3.2: Players may touch the post, ropes, or any other object outside the antennae, including the net itself, provided that it does not interfere with play.

Officiating – New Rules

- 11.4 Players Faults at the Net
 - 11.4.2 A player interferes with the opponent's play while penetrating into the opponent's space under the net.
 - 11.4.3 A player's foot (feet) penetrates completely into the opponent's court.

Officiating – New Rules

- 11.4 Players faults at the Net (cont'd)
 - 11.4.4 A player interferes with the opponent's play by (amongst others):
 - Touching the top band of the net or the top 80 cm of the antenna during his/her action of playing the ball, or
 - Taking support from the net simultaneously with playing the ball, or
 - Creating an advantage over the opponent, or
 - Making actions which hinder an opponent's legitimate attempt to play the ball.

Officiating – New Rules

- USAV 12.6.1.2: It is a serving fault if the service toss touches any obstruction before the service contact.
- USAV 12.6.2: After the ball has been correctly hit, it is a service fault if the ball touches any overhead obstruction.

Officiating – Region Rule Modification

- 12's SERVICE RULE:

- (a) For the first regular season tournament of the sanctioned season, all 12's divisions will establish service lines 6 feet (2 meters) and 3 feet 1 meter) inside of the normal service line. Players will be allowed the OPTION to serve from the 6 foot line on their first serve during each term of service. If the team wins the point, they must move back to the 3-foot line. If they win that point, they must serve from normal service line for the remainder of that term of service. (b) Beginning with the second tournaments of the sanctioned season and continuing to the end of the regular season, the 12's Platinum division will play using the normal service line in the USAV Rule book; the 12's Gold and below divisions will play using the modified service lines described above in (a). (c) For all Regional Championship tournaments and National bid tournaments, all 12's divisions will play using the normal service line in the USAV Rule book.

Officiating – Significant Rules

- The player's jerseys must be numbered in a permanent manner from 1 to 99. Duplicate numbers are not allowed.
- Uniform numbers must be clearly visible and centered on the chest and back. Each jersey must use the same color and number height for all players except the Libero.
- Color combinations such as purple/black, dark green/black, navy/black, white/light yellow, or navy/maroon are not distinctive enough to comply with the rules.

Officiating – Significant Rules

- If undergarments, including but not limited to t-shirts, boxer shorts, tights, leotards, body suits, bicycle shorts, sports bras, etc., are worn in such a manner that they are exposed, they will be considered a part of the uniform. In that case, they must be similar and the same color for any team members (except the Libero) who wear such a uniform. Socks and sport shoes are not part of the uniform.”

Officiating – Significant Rules

- It is forbidden to wear hats or jewelry. An exception will be made for religious or medical medallions and, for adult competition, a flat band ring worn on the finger. If worn, medallions shall be removed from chains and taped or sewn under the uniform. If a ring, other than a flat band, cannot be removed, it shall be taped in such a manner as not to create a safety hazard. Braces, prosthetic limbs or headgear that may cause an injury or give an artificial advantage to the player must not be worn. If a brace, prosthetic limb or headgear is used, padding or covering may be necessary. Casts, even if padded, are forbidden.
- **Narrative Explanation of Change in Regulation**

This change removes the possibility that a player may play while wearing a cast.

Officiating – Significant Rules

- During play, the coach may give these instructions while standing or walking within the free zone in front of his/her team's bench from the extension of the attack line up to the warm-up area, no closer to the court than 1.75 m (5' 10") from the sideline and its extension, without disturbing or delaying the match. The extension of the attack line is drawn to a distance of 1.75 m (5'10") from the sideline."

Officiating – Significant Rules

- The Libero player's jersey must contrast in color with that of the predominant colors of the jerseys of the other team members. Color combinations such as purple/black, dark green/black, navy/maroon, and white/light yellow are not distinctive enough to comply with the rules.”

Officiating – New Rules

- “It is recommended that someone other than the assistant scorer operate the visual scoreboard.”

- **Narrative Explanation of Change in Regulation**

The primary responsibility of the assistant scorer is to track the Libero replacements, as well as all substitutions. If there is a separate person to operate the visual scoreboard, there is more chance that both tasks will be done correctly.

Officiating – Team Requirement

At least one of the coaches on the roster must be a certified referee and be present when the team is officiating. You may attend the junior re-cert clinic and take the junior tests to meet this requirement. However, if you want to officiate for an adult team or work junior tournaments you have to attend the appropriate full or re-cert (have to have been certified EACH of the last TWO years) clinic and take the adult tests.

The region has developed an online re-certification clinic which will allow you to take the clinic and test online.

Officiating Clinics

We encourage larger clubs to Host Your Own Clinic

Region Clinics:

- Full & recertification* clinics (See website for others added to schedule)

- December 5 – Triangle VBC (plus one other TBA)

- Re-cert* clinic is from 2-5pm

- Full clinic is from 8am-1 PM

* Must have been certified each of the past two seasons
(see re-cert eligible list on web site)

- Limit 5 players per team per clinic at Region clinics

Officiating Status

Your officiating status will be kept and updated in your online membership record.

- Apply for the referee and/or scorekeeper certification you desire.
- Sign up online for a clinic (including club hosted clinics).
- Clinic attendance, test scores, ratings, etc. will be updated in your record as you complete them. Your certification status will show pending until you complete all requirements.
- You can check your re-cert eligibility in your record this season!

Tournament Information

- Tournaments on every available weekend again this season.
- Deadlines are **THREE** weeks before tournament – must be **RECEIVED** (not postmarked) by deadline (\$25 late fee if room).

Tournament Information - cont.

- Start at 9:00 am – Coaches Meeting at 8:30 am. All teams must be represented or subject to forfeit of first game.
- Playing 2/3 matches starting at 0-0. Exception (**new for 2010**: If a tournament has a mixture of 4-team pool(s) and 5-team pool(s) [only], then the 5-team pool will play 2 sets to 25 only. Head to head is still the first tie-breaker in those 5-team pools if one team wins both sets.
- First tie-breaker between two tied teams for a playoff spot is head-to-head match during pool.
- If 3 or more teams are tied for a playoff spot then one (or more) 15 point playoff game (s) may be required.

Tournament Information – cont'd

- Modified 5-team pool play format (if needed). No Changes from last year.
 - Teams seeded 1 through 5 into pool.
 - Schedule set up so
 - 1 plays 5, 2, 4.
 - 2 plays 3, 1, 5.
 - 3 plays 2, 5, 3.
 - 4 plays 5, 1, 4.
 - 5 plays 1, 4, 3, 2.
 - Top TWO teams make playoffs.

1 vs. 5 (4 refs)

2 vs. 3 (1 refs)

4 vs. 5 (3 refs)

1 vs. 2 (4 refs)

3 vs. 5 (2 refs)

1 vs. 4 (3 refs)

2 vs. 5 (1 refs)

3 vs. 4 (5 refs)

Tournament Information – cont'd

- 4-team Pool Format (no change from last year)
 - Teams seeded 1 through 4 into pool.
 - Top TWO teams make playoffs.
- 1 vs. 3 (2 refs)
- 2 vs. 4 (1 refs)
- 1 vs. 4 (3 refs)
- 2 vs. 3 (1 refs)
- 3 vs. 4 (2 refs)
- 1 vs. 2 (4 refs)

Tournament Information - cont.

- The Platinum division of the 18's and 17's age groups will be limited to four team pools whenever entries and the number of courts available make it feasible. The Playoff formats for all Platinum tournaments have been changed to match all other divisions: Top 2 teams in all pools advance to playoffs (exception 7-team pool advances six teams).

Tournament Information – cont.

Divisions

- Platinum
- Gold
- Silver
- Bronze
- Copper
- **Nickel – new for 2010** (we anticipate 16's and possibly 15's needing this division to help us maintain manageable tournament sizes)

Tournament Information - cont.

Movement of teams

- **This will happen the FIRST tournament of the season.**
 - After the first tournament we will move teams as needed to balance the number of teams in a division. This may mean that we move 0, 1, 2 or more teams up/down.
 - The initial points will be changed to the NEW divisions starting value if a team is moved. Once they are moved, their initial point value will not be changed again.
- **This will happen after the next two tournaments**
 - Automatically moving the top two ranked teams (season-to-date) up.
 - Automatically moving the two lowest ranked teams (season-to-date) down.
- **We will still move teams during the season that might need moving for competitive or numbers reasons.**

Junior Tournament Schedule

Regular region tournaments.

Entry fee is \$130.

The schedule is on the region website.

- The tournament locations will be up as soon as possible. Be patient. We have to get an idea of the number of teams in each division before assignments can be made.
- They will generally be up by the deadline but you should still enter even if site says TBA to ensure opportunity to play.
- **The web site is always as up-to-date as we know it, so if we know the information – the site will have it.**

Junior Regional Championships

March 20, 2010

- ALL divisions for 12's, 13's, 14's, 15's and 16 Platinum (since NEQ is holding 16's on 3/27/09).

March 27, 2010

- ALL divisions for 18's, 17's, and all 16 divisions Gold and below.

Junior Regional Championships

Entry Fee - \$150.

- Covers increased cost of running the Regional Championships.
- Adult Officials for all pool play and playoff matches.

National Qualifier/Larger Tournaments

National Qualifier Tournaments

- The schedule is available at www.usavolleyball.org. Click on Juniors tab-Indoor.
- They also have a listing of larger two+ day tournaments.

Larger Tournaments held in the region.

- Jr. Hi Neighbor – April 17 – 19, 2010
- Quest For Excellence – January 2-3, 2010.
- Quest For Excellence – May 15-16, 2010.

National Tournaments

- USA Volleyball Girls Junior National Championships
 - June 24 – July 3, 2010 – Reno, NV.
- USA Volleyball Boys Junior National Championships
 - June 30 – July 7, 2010 – Austin, TX.
- Tentative Region deadline for entries for Girls National Championships is March 27th (so we know who is competing for bids and so we can get entries to USAV before their deadline). Deadline for Boys is June 1st. We will email and post on our website the procedures for submitting an entry for the Nationals/Bid tournament once USAV releases the bid manual.

National Tournament Info

The region's bid (s) to the USA Volleyball Girls National Volleyball Championships will be determined at our National Bid Tournament.

- The National Bid tournament will be held on April 10, 2010 for all age groups separate from the Regional Championships.
- The tournament will be open to any team interested in competing for a bid (space permitting - Platinum teams will get first priority that enter by deadline). To be eligible to compete for a National bid, teams must have played in a minimum of two sanctioned Carolina Region tournaments in their age group one of which must be a Regular season tournament (i.e. one-day event on the Carolina Region schedule). The other tournament may be one of the following: the pre-season Quest tournament or another one-day regular season tournament.
- Teams will have to follow the USA Volleyball entry procedures and submit all paperwork and the National entry fee to the Region Office before being eligible to enter the bid tournament.
- New for 2010 – we will play off the third place at the Bid Tournaments. Occasionally, we have had bids trickle to that far and we need to know who to award the bid to. It will be a 2 of 3 match unless both coaches agree to play one set.
- We will post additional information on the National bid tournament when details are finalized.

National Tournament Info

If you submit an entry to the National Championships and you win the bid, you must take it. Failure to do so may result in the entire team (coaches and players) being ruled ineligible to play in a National Championship event the next season.

Three divisions at nationals.

- Open Division
 - Qualify through Open Division at a national qualifier.
- National Division
 - Qualify through **Region's National Bid tournament** (we have 1 bid).
 - Qualify through a National Qualifier.
- American Division
 - Qualify through **Region's National Bid tournament** (region bid based on national allocation formula – we should have 1 bid in most age groups).
 - Qualify through a National Qualifier.

National Tournament Info

- Info letter emailed to Platinum Reps and posted to web site once USA Volleyball releases the entry information.
- Bids determined at National Bid Tournament
 - April 10th, 2010.
- All Entry forms sent to Region Office for verification.
- Online registration is part of process so allow time.

High Performance Program

Again this season, we have four Satellite sites across the state where clinics will be held (Greensboro, Raleigh, Charlotte, Hickory).

HP Program Director – Sheila Holloway – hp@carolinaregionvb.org

Group 4 clinics - one-day clinics across the state

(entry level into the program - open to all players that have not participated in a HP clinic in past).

- \$40 – includes a t-shirt (\$50 less than one week before)

Group 3 Clinics - those players classified as A3 Juniors, A3 Youth & A2 Select

- Cost \$30 (\$40 if received within one week or day of clinic).

Group 2 Clinics - those players classified as A2 Juniors, A2 Youth, A1 Select & Beginning Boys (this is a six hour clinic)

- Cost \$40 (\$50 if received within one week or day of clinic).

Group 1 Clinics - those players classified as A1 Juniors, A1 Youth & Advanced Boys

- Costs are \$40 (\$50 if received within one week or day of clinic).
- See [Schedule on website](#) for locations and times

Honoring The Game

- Officiating a youth sports game is becoming an increasingly risky job. According to the National Association of Sports Officials (NASO), in the last 5 years assaults on officials are up 400% (30 in 2001). NASO also reports that 76% of the 60 high school athletic associations surveyed said that many officials are quitting because of increased spectator interference.
- The National Alliance for Youth Sports (NAYS) says that approximately 15% of youth sports games played today involve a confrontation between parents or coaches and officials.
- In New Jersey, parents of two U-10 (under 10 years of age) girls' soccer teams got into a fistfight during a game.
- In Florida, parents prematurely ended a T-ball game for 6 year-olds by streaming onto the field in a brawl.
- In Maryland, a group of parents of U-14 girls threatened a 16 year-old referee and followed her to her car after a game.

Honoring The Game – cont.

- A California U-14 boys' soccer game was disrupted by a brawl involving 30 adults.
- In Texas, a soccer coach knocked a 12 year-old player to the ground because he was upset with his play.
- In Wisconsin, a father hit a 10 year-old player and knocked him to the ground because he believed the boy had tripped his son.
- In California, a grandmother choked the softball coach of her 9 year-old granddaughter.
- In Florida, a baseball parent bit the ear off another parent in an altercation after a game.
- The most horrific event took place in Reading, Massachusetts, following a pickup hockey game in which one father beat another father to death in front of his and the victim's sons.

Honoring The Game – cont.

Whatever happened to sport being one of the few places a young person could learn positive character traits and life lessons?

Have we forgotten that professional sport is entertainment?

- We have coaches trying to act like the coaches they see on TV.
- Players behaving in the selfish manner that they often see displayed by our professional athletes,
- Parents behaving at a youth sports event like they see spectators at professional events.

Are these the values we want for our youth?

The real value in sport is teaching the kinds of character lessons that are learned from striving on the court – lessons that bear ultimate fruit years later in a person's profession, values, citizenship responsibilities, and family life.

Honoring The Game – cont.

The percentage of kids who play youth sports and will go on to play professionally is incredibly small. The following percentages are for high school seniors playing their sport who will be drafted by a professional team:

- Baseball 0.5% (less than 1 in 200)
- Hockey 0.4% (less than 1 in 250)
- Football 0.09% (less than 1 in 1,000)
- Basketball (boys) 0.03% (less than 1 in 3,333)
- Basketball (girls) 0.02% (less than 1 in 5,000)
- Volleyball numbers are much lower than this.

As bad as these odds are, they overstate the case, because the majority of those drafted never reach the big time.

Also, these figures only include players on their high school teams (less than 2% of kids play on their high school team, the rest drop out much earlier).

Honoring The Game – cont.

We tend to think of high profile sports figures like Michael Jordan, Barry Bonds, Mia Hamm, and Lance Armstrong who have long careers and make enough money that they don't have to worry about a non-sports job.

- But most professional athletes play in the professional ranks for only a year or two.
- Even those who last for 5 years or more (a very small percentage) must eventually get a “real job” in which their fading athletic skills play a minor role at best.

Many parents encourage their children to try for an athletic scholarship to college.

- But very few kids will ever play for a college team.
- Of those who do, only a small percentage receive a scholarship.
- And of those who are on scholarship, very few get a full ride.

Honoring The Game – cont.

- The values, behaviors, and habits that people develop as children tend to stay with them throughout life.
- Kids who learn to get back up after a disappointment on the court are going to be more likely to do the same when it really matters later in life.

Honoring The Game – cont.

RROOTS

R is for Rules

- The rules of volleyball are what allow us to keep the game fair.
- Respect for the rules is important, even when it's possible to break them without getting caught.
- Play by the rules, even if you think you won't get caught if you break them.
- Breaking the rules dishonors the game, even if it means that you win.

Honoring The Game – cont.

ROOTS

O is for Opponents

- **Without opponents, we could have no game.**
- **A good opponent makes us do our best.**
- **Sometimes your opponents are friends of yours.**
- **Respect your opponents, and remember they are out there to have fun just like you.**
- **Try your hardest to win, not because you hate your opponent, but because you want to play your best.**

Honoring The Game – cont.

ROOTS

O is for Officials

- It is very important to respect officials. Often, this can be the most difficult part of Honoring the Game, so we need to remember to keep it as a focus when we play.
- Officials have been selected and trained to enforce rules, and they have a very hard job.
- Without the officials the game would be unsafe and unfair.
- Officials are not perfect (just like coaches, athletes and parents!) and sometimes make mistakes. However, there is no excuse for treating officials with disrespect when they make errors.

Honoring The Game – cont.

ROOTS

T is for Teammates

- A big part of volleyball is the team.
- Being with your teammates should be fun.
- Later in life you will often be part of a team, and it is important to learn to work together.
- I hope you feel a commitment to each other as teammates and that you will agree to always play as hard as you can in practice and in games.
- Please encourage and support each other on and off the court.

Honoring The Game – cont.

ROOTS

S is for Self

- **Some people only Honor the Game when their opponents do, but we need to Honor the Game no matter what the other team or its fans do.**
- **Be the kind of team that Honors the Game even when others do not because you set your own personal standards. And you live up to them no matter what.**
- **Have respect for yourselves and never do anything to dishonor the game.**

Honoring The Game – cont.

Positive Coaching Alliance - www.positivecoach.org

- Honoring the Game.
- Coach-Parent Partnership.
- Parent conversations with your child.
- Redefining winning.
- Filling The Emotional Tank.
- Positive Charting.

Thank You and Have a Great Season!

